



Sabine Cox, RP

Appendix 2 - counsellors

If you are not registered with and not intending to register with the CRPO or another regulatory college in Ontario whose members have the right to provide psychotherapy, please read and complete this appendix before joining a professional development group.

☼ Please indicate if you are a member of any association for professional counsellors at this time:

- No, I am not affiliated with any association for professional counsellors
- Yes, I am a member of the following association(s) / organization for professional counsellors (name association and contact information):

☼ Please list your main training in counselling.

☼ For how many years have you been practicing as a counsellor in Ontario?

☼ As a counsellor you are not allowed to practice psychotherapy in Ontario. Please indicate that you understand the difference between counselling and psychotherapy as per Ontario law (supporting information: [Psychotherapy Act](#), [Information in a CRPO communiqué](#))

- Yes, I understand the difference between counselling and psychotherapy as per Ontario law (please initial).

- ☀ As a counsellor member of a professional development group you will be required to keep the same confidentiality rules as the RP members of the group:
 - ☀ Keeping client information confidential, e.g. no sharing of identifying information of your clients, no sharing of information gained in a group meeting outside of such meeting.
 - ☀ Keeping session notes that may include identifying information confidential, e.g. not leaving such notes open and unsupervised during a meeting or on the way to a meeting.
 - ☀ Duty to report (in case of possible abuse, endangerment of clients etc. - see main contract)

- ☀ As a counsellor member of a professional development group you may be advised that you have to refer a client if it becomes apparent that your work with that client constitutes psychotherapy as defined by the law. In such situation you will be advised to do one of the following:
 - ☀ guide to and support the client in finding a psychotherapist to work with
 - ☀ help the client find medical or psychological support that may make it appropriate for you to continue your counselling work with them along side this support
 - ☀ discuss with the client how to best move forward with his / her care in accordance with the client's needs and your professional responsibilities

By signing below you acknowledge and agree to the above.

Date:

Name (please print):

Signature: