

## **Supervisee Evaluation of Supervision**

Sabine Cox, RP Supervisor: Sabine Cox, RP

| Supervisee / Psychotherapist: |  |
|-------------------------------|--|
|                               |  |

| Supervisory Relationship and Tasks   | Not True<br>at all<br>1 | 2 | 3 | 4 | Very<br>True<br>5 |
|--|-------------------------|---|---|---|-------------------|
| Sabine prepared me for clinical supervision by explaining our roles, his/her intentions, expectations and methods of evaluations at the beginning of our supervisory relationship. |                         |   |   |   |                   |
| Sabine scheduled my supervision hours as requested / required within reasonable timeframes.  |                         |   |   |   |                   |
| Sabine listens attentively to my clinical reports and questions and asks appropriate follow-up questions.  |                         |   |   |   |                   |
| I feel comfortable working with Sabine.  |                         |   |   |   |                   |
| I feel that Sabine treats me with respect.   |                         |   |   |   |                   |
| Sabine helps me explore my rationales and reasons for possible interventions with clients.   |                         |   |   |   |                   |
| I feel like I can share my<br>shortcomings, errors,<br>insecurities and vulnerabilities<br>with Sabine without being<br>judged or shamed for it.                                   |                         |   |   |   |                   |
| Sabine provides me with helpful questions and feedback that support my development as a psychotherapist.   |                         |   |   |   |                   |
| I have learned new therapeutic approaches and skills during my supervision with Sabine.  |                         |   |   |   |                   |



| Supervisory Relationship and Tasks  | Not True<br>at all<br>1 | 2 | 3 | 4 | Very<br>True<br>5 |
|---|-------------------------|---|---|---|-------------------|
| Sabine is open to helping me learn a new and different therapeutic styles/models and techniques rather than focusing on only one model.               |                         |   |   |   |                   |
| Sabine provides me with feedback on administrative tasks as required, including progress notes, treatment plans and assessments, etc.                 |                         |   |   |   |                   |
| I have felt supported by Sabine even when I have disagreed with some suggestions made by her regarding my treatment / approach with specific clients. |                         |   |   |   |                   |
| I believe some of Sabine's actions in one or more situations were unethical or illegal.   |                         |   |   |   |                   |
| Sabine has provided me with little to no helpful feedback & I feel this was a waste of time.  |                         |   |   |   |                   |

## **Further Comments:**

Weakness of the supervisor / supervision process:

Strengths of the supervisor / supervision process:

Would you recommend this supervisor to another the rapist-in-training? Yes  $\underline{\ \ }$  No  $\underline{\ \ }$  Comments: